

TIBETAN MONK COMPASSION TOUR

DHARMA TALK: CULTIVATING PATIENCE & COMPASSION

MAY 31, 2014 | MILL VALLEY
Saturday 7-9pm

CHANT CONCERT

JUNE 1, 2014 | LARKSPUR
Sunday 4-6pm

\$20 minimum donation suggested

This a rare opportunity to meet spiritual masters of the Tibetan Buddhist tradition. In recent years, the monks have become homeless. This tour is to raise funds to build a prayer hall, dormitories and education facilities, as well as provide for medical needs and accommodations.

On Saturday evening, the Dharma Talk on patience and compassion will be given by a Lama and will include a Q&A session followed by a Tibetan Singing Bowl meditation.

Sunday afternoon will be a concert of chanting, which the monks are renowned for. Other instruments will be played and there will be some explanation of the chants, including their history and tradition.



Blessed by H.H. the Dalai Lama, the Gaden Shartse Dökhang monks will be on a "Compassion Tour" of the United States for the next few years, with the aim of sharing the monks' culture, practices and paths to inner peace.

www.tibetanmonktour.org

TO REGISTER:

Visit yogaworks.com
Or call 415.925.2440